

# Orthopedic Surgeon Medical Doctor

## Jorge De La Rotta

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### SUMMARY

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Foreign MD and Orthopedic Surgeon working in Florida as an Orthopedic Nurse Practitioner certified by the ONP-CB with over 30 years of experience in treating trauma and diseases of the musculoskeletal system. Expert in providing exceptional patient care through a comprehensive health assessment and a holistic approach that empowers patients to achieve optimal well-being. Skillful in outpatient procedures for pain management. Board-certified. Family Nurse Practitioner with autonomous practice licensure.

### PROFESSIONAL EXPERIENCE

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#### **OrthoNow Aventura – Orthopedic Urgent Care**

2019 - Present

Orthopedic Nurse Practitioner (FNP, ONP-C | North Miami- Florida, US

- Diagnose and treat complex musculoskeletal disorders, rheumatic diseases, and metabolic conditions affecting connective tissues, utilizing expertise in the differential diagnosis. Neurological and Vascular evaluation.
- Manage acute and chronic pain through outpatient procedures, including joint injections, trigger point injections, arthrocentesis, peripheral nerve blocks, local anesthesia, and superficial sutures.
- Applying casts, splints, functional immobilizations, and using Durable Medical Equipment (DME).
- Interpret X-rays, MRIs, CT scans, ultrasounds of the musculoskeletal system, electromyograms, and Nerve Conduction Tests.
- Provide personalized ambulatory care to over 150 patients weekly at an orthopedic urgent care clinic, ensuring timely access to high-quality medical care.
- Coordinate and supervise a team of nurse practitioners and physician assistants to deliver primary care services in the clinic.

#### **Palm Beach Sheriff Office /Armor Correctional Health Services**

2011- 2013 and 2016 - 2019

Registered Nurse | Palm Beach-Florida, US

- Led medical emergency care, disease prevention, interventions, procedures, and health education to patients.
- Conducted thorough physical, psychological, and social assessments of patients upon admission, utilizing nursing assessment protocols to develop individualized nursing care plans.
- Assisted physicians in medical or minor surgical procedures as necessary, leveraging exceptional clinical skills and knowledge.
- Made triage decisions to ensure patients received timely and appropriate healthcare services from the right healthcare provider.
- Trained and supervised licensed practical nurse staff to provide high-quality patient care, ensuring the safety and well-being of patients.

#### **Regional Hospital of Chiquinquirá and Duitama**

2013 - 2016

Orthopedic Department Director, Orthopedist and Hand Surgeon | Boyacá, Colombia

- Performed 30+ scheduled surgeries weekly, including general orthopedic, joint replacements, and arthroscopic procedures.
- Conducted 10+ weekly emergency surgeries, providing reduction and internal fixation of fractures, treatment of severe trauma, and management of complex wounds.

- Provided outpatient care to an average of +/-100 patients weekly, utilizing a holistic approach and advanced health assessment techniques to develop comprehensive treatment plans.
- Delivered urgent care services 48 hours per week, providing medical care to a high-risk population of mining accidents.
- Coordination of 5 meetings a week with the staff to analyze cases of high complexity in orthopedics, coordinating surgical schedules and assigning surgical teams for optimal patient outcomes.

### **Colony Springs Medical Center**

2005 - 2011

Medical Services Coordinator | Florida, US

- Coordinated and executed legal standards relating to patient care, ensuring the safety and quality of care provided to orthopedic surgical patients in the surgery and emergency rooms.
- Supervised laboratory, medical supplies, equipment, billing, and referral departments, ensuring efficient and effective operations.
- Negotiated contracts with insurance providers and ensured the company complied with policies, guaranteeing the organization's financial stability.
- Managed human and technical resources to improve patient services, fostering a positive work environment and enhancing patient satisfaction.
- Provided education and training to staff to improve patient care, safety, and satisfaction.
- Received full sponsorship for Bachelor's Degree in Science in Nursing at Sacred Heart University (San Juan, Puerto Rico)

### **Salud Ósea, LTDA**

1995 - 2005

Founder (Bogotá, Colombia)

- Team delivered orthopedic Emergency care services 24 hours daily for ten years.
- Performed Surgeries in general orthopedic, joint replacements, and arthroscopic procedures.
- Conducted emergency surgeries, providing reduction and internal fixation of complex fractures and severe trauma,
- Provided comprehensive treatment plans for inpatient and outpatient care.
- Coordination of patient care with other medical specialties.
- Managed and coordinated medical services in Orthopedics and Traumatology for Worker Compensation Patients, including surgery boards and outpatient consultations. Ensured quality control of services provided according to health board regulations and patient needs.

### **Red Cross**

Orthopedic and Hand Surgeon (Bogotá, Colombia)

1995 - 2005

- Performed microsurgery on hand and upper limb, specializing in hand surgery.
- Conducted consultations for family physicians, paramedical personnel, and health aides to enhance their knowledge and skills in orthopedics.
- Served as a consulting member of the Rehabilitation Department, contributing expertise in orthopedic surgery and rehabilitation techniques.

### **General Medicine**

**Hospital vecinal de Suba (Bogotá, Colombia)**

1987-1990

**Hospital de Miraflores (Boyacá, Colombia)**

1986-1987

**Internship - Hospital San Juan de Dios (Santander, Colombia)**

1985-1986

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- Assessed and diagnosed patients in General Medicine and Family Practice in emergency and office settings.
  - Ordered, evaluated, and interpreted diagnostic tests for accurate diagnoses and treatment plans.
  - Collaborated with specialists and other healthcare professionals for comprehensive patient care.
  - Prescribed or recommended drugs and treatments to manage patient conditions.

## EDUCATION

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- AGM University (Florida, US) | Doctorate in Nursing Practice DNP 2022-current
- Turabo SUAGM University (Florida, US) | Master's Degree Nursing- Family Nurse Practitioner 2016-2018
- Sacred Heart University (San Juan, Puerto Rico) | Bachelor of Science in Nursing 2005-2010
- Buenos Aires University, José de San Martín Hospital (BA, Argentina) |  
Hand Surgeon and Upper Arm Specialist (Fellowship) and Hospital Management Certification 1994-1995
- Buenos Aires University, José de San Martín Hospital (BA, Argentina) |  
Specialist in Orthopedics and Traumatology 1990-1994
- Pontifical Xavier University (Bogotá, Colombia) | Medical Doctor 1981-1985

## SKILLS

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- Advanced health assessment techniques for accurate patient diagnosis and treatment planning.
- Holistic patient care, considering the physical, emotional, and social factors that can impact patient recovery and overall well-being.
- Proficiency in surgical procedures, from preoperative preparation to postoperative care.
- Emergency care expertise for prompt and efficient management of medical emergencies.
- Proven leadership and mentorship abilities in managing teams of healthcare professionals, including nurse practitioners, registered nurses, and medical assistants.

## CERTIFICATIONS

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- American Academy of Nurse Practitioners National Certification Board (Certification # F01191898. January 31, 2019).
- Orthopedic Nurse Practitioner Certification Board (Certification # 87073. August 20, 2020).
- American Association of Nurses Account ID: 1792388, March 16, 2018.
- **Patents:**  
Mechanically enhanced self-donning gown US 7546643 B1.  
Self-donning gown US 2916/0366955 A1.

## ADDITIONAL INFORMATION

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- Nationality: Colombian
- Languages: Spanish (native), English (fluent).
- Emotional Health Assessment Coach: Skilled in identifying emotional root causes of illness.
- Patient Empowerment Coach: Experienced in fostering human connections with patients and empowering them to take control of their health and well-being.